

ରାସ'ଗୁ'ଜ୍ଞା  
Raw Whispers





*Iridescent one way ticket.*

05.10.2022



At some point in life, don't we look for an escape?  
We find ways to escape everyday life by meeting friends, calling  
up friends, going to cafes, starting new endeavours, watching a  
series, and so many other things.

We often look for a temporary *one way ticket* to just escape our  
current worries. One of my recent such escapes was 'Snowdrop', a  
k-drama in which one of the recurring songs was Eruption's 'One  
Way Ticket'. Hence, this issue is an ode to one's search for an  
*iridescent one way ticket*; unlike an actual one way ticket, an  
iridescent one way ticket has multiple way(s) tickets with various  
hues. Through these different hues, we also get to see how all  
hues are ultimately one: that one hue determined by our minds.

So maybe the iridescent one way ticket is less about the one way  
ticket and more about the iridescence. And maybe the one way  
ticket is also less about one way and more about looking at things  
in different ways. Maybe it's about just being absorbed in the  
iridescence of life without worrying for once. And maybe its about  
bringing beautiful colours to people's lives by lending a helping  
hand whenever possible, and I've heard that it's always possible.  
So here's your *Iridescent One Way Ticket*, make the most of it!

-Rinchen Angmo



## *Voices and Visions.*

TIME - Dimpri Patel	5
"This is a feeling, this is a Rimo." - Sonam Chhomo	6
You're feeling?	7
'What's in my Brains?' Sonam Angmo le interviewed.	8 – 11
Himalayas vs. Humans- Aditya	12
She Wolf – Dimpri Patel	13
Live – Rinchen Angmo	14
About the contributors.	15
Thank You!	16



## **TIME**

Give voice to the thoughts you're holding,  
as 'this' time will be gone in no time.

Who knows what tomorrow is hiding!

Stones metamorphose into sand in no time.

Whenever I stare at the horizon, dusk becomes dark in no  
time.

So let the storm inside you rain as tears,  
Let go – all rage, timidity and self-pride.

Keep no regrets.

Who knows what next moment brings!  
the heart can stop beating in no time.

-Dimpi Patel

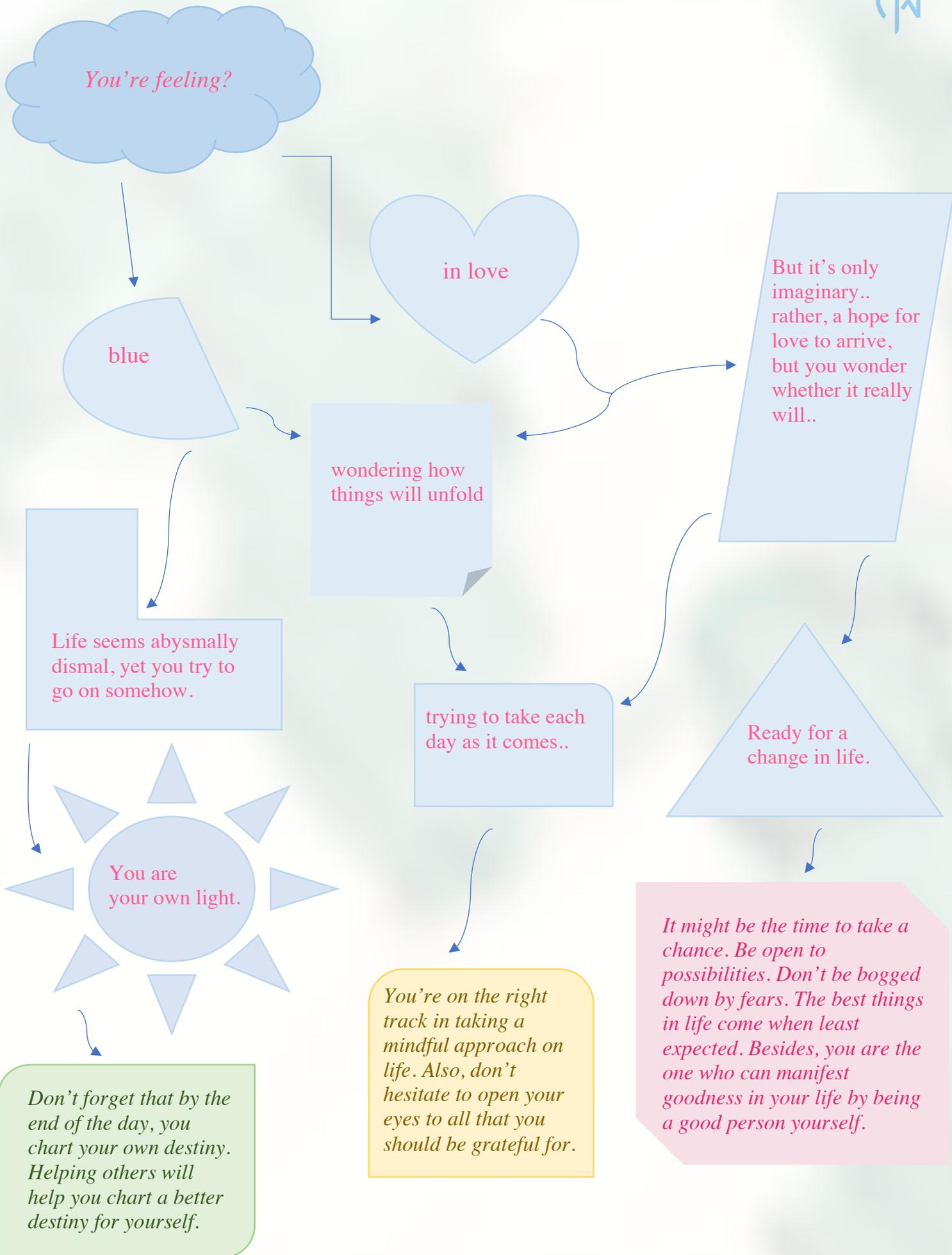


***"This is a feeling, this is a Rimo."***

I was inspired by your caption on Instagram for Raw Whispers Issue 11 dated 8 September 2022 about the legend of the shepherd who had a vision of a beautiful girl, who vanished.

This is what I imagined or rather I let myself feel what that shepherd saw. I just could not keep the beautiful girl alone. I had to imagine her realistically: in a traditional dress, in her calmest posture as she watched the sky transform into intricate hues, with her sheep and yaks.

-Sonam Chhomo.





## *What's in my Brains?*

**Sonam Angmo le** interviewed by Rinchen.

Sonam le is the co-founder of Lena Ladakh Pashmina. She has done her M.Tech in Biotechnology.

*What are a few aspects in life, that you think the youth today is neglecting?*

I think the youth of today have this unprecedented exposure to the virtual world. I mean the infinite inflow of /access to information online, chosen or not, is certainly shaping our minds & our lives in both positive and negative ways. Not to mention the pressure faced by constantly viewing the unrealistic lives of our social media idols & peers. I wish the youth of today would consume a low information diet. It is certainly the time; it's imperative to select what we feed our minds.

*What alternatives would you recommend to nourish this 'low information diet'? And how is it that you maintain a balance between the reel life and real life?*

Well I think an alternative would be to feed our hearts and minds with anything that truly moves our soul. Just simple things you know. If you have an inflow of unlimited information and the habit of



incessant scrolling that doesn't really serve your mind, how can you get the time and space to choose the information that really serves you, how can you find out what you really want to do in this short uncertain life, how can you know who you really are, when there are infinite references you relate yourself with all the time.

Not that I am saying that the virtual world doesn't serve us at all. Of course it enormously does, but without balance, like anything else in life, its downsides becomes more weighty.

So I believe we should have a few or at least one thing in our life that we cannot compromise with, seeking which gives us reliable joy. I think we should have that one 'centre' around which our whole universe revolves(I am positive we all do), and keeping a low information diet or rather say selective information diet is necessary to find & protect that centre of our universe.

*How do you personally invest your time in finding meaning in this uncertain life? And do you think leading a meaningful life requires risks?*

Among many things, one thing that I find myself longing for occasionally, which gives me meaning & joy, is solitude.



I think only when we are completely on our own, without anyone or anything feeding our mind with bad news or good news, only when we give our mind the occasional time & space to settle in stillness, only then we get to listen to what the “deeper you” is seeking.

I feel completely alive when the solitude induced stillness grants my mind permission to be present right in the moment. The acknowledgement of that joyous mind is then followed by this reliable joy seeping into the rest of our being, making the remaining hours of our so called mundane life joyfully meaningful, perhaps even spiritual.

*Does leading a meaningful life require risk?*

At some point I thought it did. Because at times, my search to find the meaningful, would render everything else meaningless, everything being the day to day running about to get endless of things done. So at some point it became joyless. Because I thought meaning can only be had when you are getting something seemingly important done, like reading a complicated book about philosophy & always being busy getting things done & so forth.



But as rightly said by my dear teacher that the deeper you go into philosophy, you should not deviate from the conventionalities. The other day I also found Yongey Mingyur Rinpoche expressing the same idea in his book *Joyful Wisdom* that ‘the true freedom lay not in withdrawal from life but in deeper & more conscious engagement in all its processes.’

Constantly hearing it from the people who inspire you, your idols, and teachers does change your mind. So perhaps there is no disparity between the spiritual and the mundane, other than your perception and hence the search for meaningful becomes the opposite of risky, it becomes the safest in the most reliable way. As rightly said by a friend of mine, it is not about the search, but about finding.



**Himalayas vs. Humans: A fight for Nature.**

-Aditya



## She Wolf and the SUN

Like every other night  
When the entire world is asleep,  
My soul transforms into a wolf-  
Howling all the night  
Unlike other wolves,  
She searches for the SUN in darkness.

-Dimpi Patel



Live.

Time keeps on flying by,  
With each day I'm no younger than yesterday,  
Each day I try  
To build my day a certain way

Yet sometimes my resolve breaks,  
But I don't let that break myself,

Yet sometimes my fears over take,  
But I don't let that rule me,

Life, has got to be lived.  
And life has got to be lived meaningfully.

-Rinchen Angmo



## ***About the contributors.***

### **Dimpi Patel : writer of 'TIME' and 'She Wolf'.**

She is an independent researcher and PhD scholar working on the lizards of Ladakh. An artist who likes to paint nature, wildlife and anything that makes her curious. She likes reading, mostly non-fiction, science and poetry (Hindi, English, Gujarati). She often pens down her thoughts whenever she feels deeply about anything. (mostly in Hindi and English.)

### **Sonam Chhomo: artist behind 'This is a feeling, this is a Rimo.'**

She is an aspiring writer and poet from the Western Himalayas. She also draws, but is currently preparing to move out of her comfort zone and experience feeling alive. A postgraduate literature student at JNU, she is known to have the animal spirit of a sloth.

### **Aditya: photographer behind 'Himalayas vs. Nature'.**

He is an avid photographer and has various interests.

### **Rinchen Angmo: writer of 'Live'.**

She is the Founder and Editor-in-chief of Raw Whispers and co-founder of Rewa Sum. She's a writer, Buddhist (Tibetan-Buddhism) and literature student from Ladakh. Currently feeling confused but inspired.



Thank you!

Open for submissions for the following issue.

Email : [rawwhispers@gmail.com](mailto:rawwhispers@gmail.com)

Ig: @rawwhispers.